

Department of Recreation & Senior Services

SPRING 2013 PROGRAMS

# Enjoy Explore Experience



**Evesham Township** 

"We Create Community Through People, Parks, And Programs."

# **PRESCHOOL**

#### Abra-Kadoodle

SPRING into Fun & Creativity at Evesham's popular Twoosy and Mini Doodlers Classes!!! Abrakadoodle classes are the perfect social and learning experience! Our youngest artists learn new skills and talents by using a variety of art materials to create their own masterpieces. Join us for a creative adventure in color, shape, texture, and more! Several creations will go home ready for display in a brightly colored Framedoodle! To register visit: <a href="www.abrakadoodle.com/nj01">www.abrakadoodle.com/nj01</a> or call 856-914-0521. Location: Memorial Complex Classroom

Spring Session 1: Thursdays, April 11, 18, 25, May 2, 9, 16 Spring Session 2: Thursdays, May 23, 30, June 6,13, 20 Ages: 20m - 36m, 9:30am - 10:15am (Adult Assistance Required)

Ages: 3yrs - 5yrs, 10:30am - 11:15am

Location: Memorial Sports Complex Classroom

Instructor: Abrakadoodle Staff

Session 1 \$78/Session 2 \$65 (Includes all supplies, materials, and frames)



#### Ballet & Tap

The young dancer will begin with tap for its rhythm and upbeat music. Participants will then learn classical ballet moves that are the basis for all dancing. Leotard, leather ballet slippers, and hard shoes required.

8 Weeks Wednesdays, April 10 - May 29

Ages: 4-5, 6:00pm

Location: Memorial Sports Complex Exercise Room

Instructor: K. Hartsough Fee: \$80 Course# KHS-2



#### JumpBunch

A fun and structured program introducing children to a wide array of sports while building self-esteem and coordination. All activities are designed to improve gross motor skills, hand-eye coordination and body balance. **To register**, please visit www.jumpbunchlocations.com/southwestnj or call 856-433-8220.

8 Weeks Tuesdays, April 9 - May 28 or Wednesdays, April 10- May 29

Ages: 2-4, 9:30am-10:15am

Location: Memorial Sports Complex Exercise Room

Instructor: Staff of JumpBunch

Fee: \$85



#### Karate: Little Ninjas

This program will concentrate on improving coordination, physical development, concentration, confidence, and a positive attitude. Taught through age-appropriate drills, children will have fun while learning these important physical and social skills in a safe environment.

8 Weeks

Wednesdays, April 10 - May 29

Ages: 3-4, 10:00am

Location: Kissaki-Kai Karate (55 E. Rt. 70, Marlton)

Instructor: Staff of Kissaki-Kai Fee: \$80 Course# KKS-1



#### **Kiddie Soccer**

Founded in 1997, Kiddie Soccer was the first soccer program in New Jersey for pre-school children. Our coaches have the right personality, demeanor, and overall understanding to teach soccer to children. Children will receive a t-shirt and a medal. **To register**, please visit www.kiddiesoccer.com or call (856)313-7227 for more information.

8 Weeks

Sundays, April 14 - June 9, 10am -11am OR 11am-12pm

**Ages:** 3-6

Location: Savich Field

Instructor: Staff of Kiddie Soccer

Fee: \$100





#### Mini Music & Movement

This Mommy & Me program gives toddlers the opportunity to sing, dance, and march to a range of musical styles. It introduces them to beat, rhythm, tempo, pitch, and dynamics - plus they will play musical instruments! An entertaining and rewarding experience that will expand their knowledge and creativity.

8 Weeks

Mondays, April 8 - June 3

Ages: 2-3, 11:00am

Location: Memorial Sports Complex Exercise Room

Instructor: N. Wright

Fee: \$79 Course# NWS-1



# **PRESCHOOL**

#### Music & Movement

An enrichment program developed to expose children to various types of music through singing, dancing, listening, and playing musical instruments. Classes will concentrate on basic music fundamentals such as beat, rhythm, tempo, pitch, and dynamics through a variety of themes that encourage children to utilize their imagination and creativity. Parents will enjoy listening to musical aspects from several composers.

8 Weeks

Mondays, April 8 - June 3 Ages: 4-5, 12:00pm

Location: Memorial Sports Complex Exercise Room

Instructor: N. Wright

Fee: \$79 Course# NWS-2



#### Reading & Numbers

Children work with letters, numbers, and phonics to help prepare for kindergarten! Space is limited!

8 Weeks

Thursdays, April 11 - May 30

Ages: 3 - 5, 12:00pm

Location: Memorial Sports Complex Classroom

Instructor: K. Hartsough

Fee: \$80 Course# KHS-1





#### **Swimming**

#### **Water Babies**

This class directs the parents/guardian to help develop the child's confidence and independence in water. Safety and water entries will be taught; kicking, paddling and bubble blowing will also be introduced.

Ages: 6mos-3yrs

Location: Medford Fitness Fee: \$244-1st child Fee: \$223- add'l children



#### **Pre-School Safety**

Children will be introduced to water adjustment skills, such as putting their face and ears in the water, and water safety. They will learn proper floating and kicking.

Tuesdays, April 9 - June 11, 10:00am - 10:30am
Tuesdays, April 9 - June 11, 2:45pm - 3:15pm
COURSE # MFS-4
COURSE # MFS-4

Ages: 3-5

Location: Medford Fitness Fee: \$244-1st child Fee: \$223- add'l children



# BREAKFAST WITH THE EASTER BUNNY

GIBSON HOUSE COMMUNITY CENTER

SATURDAY, MARCH 23 9AM

DONATION: \$7.00 PER PERSON

RESERVATIONS REQUIRED-SEATS LIMITED

SERVING PANCAKES, FRENCH TOAST STICKS, MILK, JUICE AND COFFEE

FILLED EASTER BASKETS TO ALL PRESCHOOLERS 5 AND UNDER! FACE PAINTING AND TATTOOS. BRING YOUR CAMERA FOR PICTURES WITH THE EASTER BUNNY PLEASE USE REGISTRATION FORM TO REGISTER OR CALL

856-985-9792

# **PRESCHOOL**

#### Kid's Yoga

Yoga holds a world of benefits for kids including: increasing attention and focus, body awareness and helping to maintain physical and emotional health. This fun 45 minute class will keep your kids moving and stretching to music while using techniques to teach proper breathing. Children will follow their imaginations and move their bodies on their mats. Please wear comfortable clothing and bring a yoga mat.

8 weeks

Thursdays, April 11 - May 30, 12:30pm - 1:15pm

Ages: 3-5 years

Location: Memorial Sports Complex Exercise Room

Instructor: J. Cicha

Fee: \$80 Course# JCS-1



## 2013 TRIPLE-A HALF DAY SUMMER CAMP for Preschoolers

July 8 - August 15

Specially designed for preschoolers, who are 4 & 5 years old as of June 1, 2013, sorry, no exceptions in age. Campers will enjoy age-appropriate games and recreational activities. This 6 week, four-day program, offered Monday to Thursday, 9am until noon, operates from July 8 to August 15 at DeMasi School, with a Registered Nurse on site. ONE PRICE COVERS ALL 6 WEEKS of the program, you must register for all 6 weeks. This program fills quickly, so please don't hesitate, and SIGN UP TODAY! Classes will be limited to 25 children.

#### 6 Weeks

Monday - Thursday, July 8 - August 15

Ages: 4 & 5, 9:00am - 12:00pm

Location: DeMasi School (Evesboro-Medford Road)

Fee: \$219 Course# DP

Use Registration Form and make checks payable to: Township of Evesham

Mail to: 984 Tuckerton Road, Marlton, NJ 08053

Register in person at: The Gibson House, 535 E. Main Street

Or online at: www.evesham-nj.gov











(856) 985-9792

# **SCHOOL AGE**



# 2013 TRIPLE - A SUMMER CAMP



Summer will be here before we know it! The 2013 summer camp season will run from June 24, 2013 to August 30, 2013. Don't miss out on our weekly themes, special guests, quality field trips, daily events and weekly prizes and awards! Price is \$170/wk for campers entering first grade and up. Space is limited! Camp information will be available on line, as well as in the Gibson House, on March 18<sup>th</sup> at www.evesham-nj.gov. Register on line, by mail or in person. On line: www.evesham-nj.gov (link for recreation) By mail: 984 Tuckerton Road/Marlton, NJ 08053 and In person: 535 E. Main Street (Gibson House). To reserve your spot, you must include the registration fee of \$30 along with two weeks payment for a total of \$370.00 (camp weeks may be adjusted as we approach the summer season). Applicants interested in the CIT program must attend scheduled interviews, at the Gibson House, on April 20, 9am OR 11am or on April 27, 9am OR 11am.



Ballet & Tap The young dancer will begin with tap for its rhythm and upbeat music. Participants will then learn classical ballet moves that are the basis for all dancing. Leotard, leather ballet slippers, and hard shoes required.

8 Weeks Wednesdays, April 10 - May 29

Ages: 6-8, 7:00pm

Location: Memorial Sports Complex Exercise Room

Instructor: K. Hartsough

Fee: \$80 Course# KHS-5



#### Boxing

This program is designed to teach you the fundamentals of boxing while developing the conditioning and endurance to actually compete (if desired). 16 Weeks

Mondays & Wednesdays, April 8 - July 24

Ages: 8-12, 6pm - 7pm

Location: Impact Boxing Academy (101 Rt. 70 E, Tri Town Plaza)

Instructor: Staff of Impact Boxing Academy

Fee: \$250 Course# IBS-1





Cooking for Kids Kids will learn new kitchen skills, basic cooking techniques, and good safety habits while having loads of fun, as well as how to make well-rounded, easy-to-prepare meals. Bring your favorite chef's apron. Portion of fee goes toward food for class.

8 Weeks

Thursdays, April 11 - May 30 Ages: 8-12 5:00pm Location: Gibson House Instructor: K. Hartsough

Fee: \$85 Course# KHS-4









#### **Drama Programs**

Using the story "Where the Wild Things Are," students will work on movement, teamwork, and character. Each child will have an opportunity to create their own "Wild Thing" and take part in a "Wild Rumpus."

8 Weeks

Thursdays, April 11 - May 31

Ages: Kindergarten- 2<sup>nd</sup> grades, 4:30pm - 5:30pm Location: Memorial Sports Complex Exercise Room

Instructor: C. Gillespie Fee: \$80 Course# CGS-1

This program will focus on storytelling, teamwork, and character creation. As a class, we will write our own "fractured fairytales" and fairytale

characters.

8 Weeks

Thursdays, April 11 - May 31 Ages:  $3^{rd}$  -  $5^{th}$  grades, 5:30pm - 6:30pm

Location: Memorial Sports Complex Exercise Room

Instructor: C. Gillespie

Fee: \$80 Course# CGS-2

Acting-This program will center on improvisation, verbal/non-verbal storytelling, scenework, and using the "Actor's Tools" (Body, Voice, and

Imagination) while making sure to always have fun.

8 Weeks

Thursdays, April 11 - May 31

Ages: Middle School (6<sup>th</sup>-8<sup>th</sup>), 6:30pm - 7:30pm Location: Memorial Sports Complex Exercise Room

Instructor: C. Gillespie

Fee: \$80 Course# CGS-3

Acting- We will concentrate on the "Actor's Tools" (Body, Voice, and Imagination) in improvisation, scenework, monologues, and verbal/non-verbal storytelling.

8 Weeks

Thursdays, April 11 - May 31

Ages: High School (9<sup>th</sup>-12<sup>th</sup> grades), 7:30pm - 8:30pm

Location: Memorial Sports Complex Exercise Room

Instructor: C. Gillespie

Fee: \$80 Course# CGS-4

#### **Fencing**

An introduction to the Art of Classical Foil Fencing. Today's fencing is a safe and enjoyable participation sport that offers an opportunity to sharpen both physical and mental acuity. Discover the excitement of direct person-to-person competition, coupled with the many health benefits associated with regular physical activities. The Academy's state-of-the-art equipment records touches with a sound and light signal. You'll practice with foil, epee, and saber. Fencing equipment will be provided.

8 Weeks

Tuesdays, April 9 - May 28

Ages: 10- 16, 3:45pm - 5:00pm

Location: Memorial Sports Complex Exercise Room Instructor: Fencing Academy of South Jersey

Fee: \$130 Course# FAS-1

#### Fine Art

Learn basics of more advanced drawing and painting skills through class and individual projects. We will use pencil, charcoal, pastel, and watercolor.

8 Weeks

Thursdays, April 11 - May 30

Ages: 7-12, 6:00pm

Location: Gibson House Conference Room

Instructor: K. Hartsough

Fee: \$80 Course# KHS-3





#### **Golf Clinics**

Frank Hesson, PGA Director of Instruction at Indian Spring Country Club, will address the basics of playing golf. Participants will work on Set-Up (grip, arm swing, finish); Full Swing (balance, body rotation, arm swing, finish); and Short Game (putting, chipping, sand shots). Clubs will be provided for beginners.

6 Weeks

Mondays, April 8 - May 6 Ages: 6-16, 6:00pm-6:45pm Location: Indian Spring Country Club

Instructor: F. Hesson

Fee: \$160 Course# FHS-1





#### 2013 TRIPLE-A HALF DAY SUMMER CAMP-ELEMENTARY GRADES

July 8 - August 15

Specially designed for children entering first to sixth grade, campers will enjoy age-appropriate games, sports, arts & crafts, and special activities. This 6 week, four-day program, offered Monday to Thursday, 9am until noon, operates from July 8 to August 15 at DeMasi School, with a Registered Nurse on site. ONE PRICE COVERS ALL 6 WEEKS of the program, you must register for all 6 weeks. This program fills quickly, so please don't hesitate, and SIGN UP TODAY!





Monday - Thursday, July 8 - August 15 **Ages:** 1<sup>st</sup> - 6<sup>th</sup> grade, 9:00am - 12:00pm Location: DeMasi School

Fee: \$219 Course# DE

Use Registration Form and make checks payable to: Township of Evesham Mail to: 984 Tuckerton Road, Marlton, NJ 08053 Register in person at: The Gibson House, 535 E. Main Street

Or online at: www.evesham-nj.gov















#### **Karate For Kids**

This program teaches students the fundamental techniques of traditional Shotokan Karate while instilling character development, self-control, self-esteem, and self-confidence. Includes \$10 for uniform.

8 Weeks

Mondays, April 8 - May 27 Ages: 4-6, 4:50pm Ages: 7-12, 6:15pm

Location: Kissaki-Kai Karate (55 E. Rt. 70, Marlton)

Fee: \$80 Course# KKS-2





# **Evesham Township Youth Advisory Committee**

Do you want to get involved in your community? Do you want to be a voice for your age group? If so, then join the Evesham Township Youth Advisory Committee. Middle School to High School students. We not only participate in Township events we sponsor events of our own as well. For more details, contact our Coordinator, Gloria Recigno(856)985-4336 or by email at mgrs@evesham-nj.gov Hope to see you at our next meeting!

# MARLTON RECREATION COUNCIL (MRC) SUMMER SPORTS REGISTRATIONS Online Registration ONLY



Online Registration ONLY
For more information visit:
www.marltonreccouncil.org
Or call (856) 983-3000

Musical Theatre Summer Camp Learn how to sing, act and dance with professional Voice Coach and Rising Stars Studio Director, Sophie Taillefer and Choreograph and Acting Coach, Alisha Cardenas. We will be presenting the full production of High School Musical 2. For more information, please contact (609) 775-7488 or visit www.risingstarsvoicestudio.com. July 8 - August 9, Monday, Wednesday and Thursday.

**Apprentice:** Ages 7 - 10, 9:00am - 10:30am **Junior:** Ages 11 - 14, 10:30am - 12:00pm

Location: Marlton Middle School Fee: \$250 (materials included)



# **Special Needs Programs**

Evesham Township is proud to offer Special Needs programs for those with disabilities. We provide instructors who will assist them to achieve their highest level of independence. Engaging in activities in a safe environment allows for physical activity, improvement of social skills and self esteem.

For information on Special Needs programs, please contact coordinator Fran Robey at 856-596-1017 or the Department of Recreation and Senior Services at 856-985-9792. Volunteers always welcome!

Many special needs programs are provided free to all participants thanks to the Knights of Columbus 12229-Blessed Kateri Council of Saint Isaac-Jogues, the Hemmingway Group of Marlton, and the Evesham Township Department of Recreation and Senior Services.







#### Swimming

#### **Primary Beginner Skills**

Skills introduced in this class include floating, breath holding and water safety. Children will be introduced to rhythmic breathing, beginning diving and beginner strokes.

Saturdays, April 13 - June 15, 11:00am - 11:30am

Ages: 6- 10

Location: Medford Fitness

\$244-1st child

\$223- add'l children Course# MFS-5

#### Junior Swim Development

This class is for the adolescent through young adult swimmer and teaches proficiency in both the freestyle and backstroke. The butterfly and breaststroke will also be introduced.

Fridays, April 12 - June 14, 3:45pm - 4:15pm

Ages: 11- 14

**Location**: Medford Fitness Fee: \$244-1st child

Fee: \$223- add'l children Course# MFS-6





#### **Tennis**

Ages 10 and under USTA Tennis program is an exciting new play format for learning children's tennis. Participants will utilize specialized equipment, shorter courts dimension modified scoring, all tailored to age size.

Ages 11-15 Tennis program designed for beginners and intermediates. Beginners will focus on forehand, backhand and serve. Intermediates will learn how to improve their game by skill building and learning techniques.

8 Weeks

Wednesdays, April 10 - May 29 Ages: 6-10, 6:00 - 7:00pm Ages:11-15, 7:00 - 8:00pm **Location:** Memorial Sports Complex

Instructor: BCTA Staff

Fee: \$75 Course# BCS-1



#### SUMMER CAMP VOLUNTEER OPPORTUNITIES



This volunteer program is for individuals in grades 7<sup>th</sup> and up. Participants will gain the experience of working with young students along with our Triple-A Half Day Staff. We are accepting written requests for positions at DeMasi school. Volunteers must be available all six weeks and are subject to policies established by the Department of Recreation. Include your name, address, phone number and a one page essay outlining the reasons why you would like to volunteer and mail to Evesham Township, Dept. of Recreation, 984 Tuckerton Road, Marlton, NJ 08053 or deliver to the Gibson House. Request must be signed by parent or guardian. Deadline is May 17.



# INDIAN SPRING COUNTRY CLUB

2013 JUNIOR GOLF ACADEMY
5 DAYS OF INSTRUCTION \* LEARN THE RULE BOOK \*
JUNIOR GOLF PLAYERS PASS \* DAILY DOOR PRIZES \*
DIGITAL VIDEO SWING ANALYSIS.....AND MUCH MORE!

#### HALF DAY CAMPS-\$250.

MONDAY-FRIDAY, 9AM-12NOON, 15 HOURS OF INSTRUCTION/NO GOLF
HALF DAY CAMPS WILL FOCUS ON THE FUNDAMENTALS OF ALL ASPECTS OF THE GAME OF GOLF;
PUTTING, CHIPPING, SAND PLAY, FULL SWINGS WITH IRONS, AND FULL SWINGS WITH WOODS.
BASIC RULES AND ETIQUETE WILL BE COVERED AS WELL. THE FOCUS OF THE PROGRAM IS TO TEACH
EACH JUNIOR GOLFER AT HIS/HER OWN LEVEL OF EXPERIENCE. EACH GOLFER WILL RECEIVE THE
BASICS OF A GOOD SET UP THAT WILL LEAD TO IMPROVEMENT IN ALL AREAS OF THE GOLF SWING.
JUNIOR GOLFERS WILL ALSO LEAVE WITH A BETTER UNDERSTANDING OF THE GOLF SWING, SO
FUTURE IMPROVEMENT WILL BE MUCH EASIER TO ATTAIN.

#### FULL DAY CAMPS-\$400/\$435 (LUNCH PROVIDED)

MONDAY-FRIDAY, 9AM-4PM, 35 HOURS OF INSTRUCTION/9 HOLES OF GOLF (IF PURCHASING LUNCH, CHECKS SHOULD BE MADE PAYABLE TO MARCO'S RESTAURANT). FULL DAY CAMPS WILL FOCUS ON THE FUNDAMENTALS OF ALL ASPECTS OF THE GAME OF GOLF. EACH STUDENT WILL RECEIVE 3 HOURS OF INSTRUCTION PER DAY INCLUDING PUTTING, CHIPPING, PITCHING, SAND PLAY, FULL SWINGS WITH IRONS, AND FULL SWINGS WITH WOODS. EACH STUDENT WILL PLAY 9 HOLES OF GOLF IN THE AFTERNOON WITH INSTRUCTION COVERING RULES, ETIQUETTE, AND COURSE MANAGEMENT. STUDENTS WILL RECEIVE A VIDEO SWING ANALYSIS THAT WILL BE SENT HOME FOR THEM TO REVIEW AS WELL. CAMPERS RECEIVE AN HOUR BREAK FOR LUNCH EACH DAY.

#### **CAMP SCHEDULE**

HALF DAY AND FULL DAY BEGINNER/INTERMEDIATE
JUNE 24-28
JULY 8-12
JULY 15-19
JULY 29-AUGUST 2
AUGUST 5-9
AUGUST 19-23



#### \*\*10% DISCOUNT ON FIRST 8 STUDENTS TO REGISTER\*\*

FOR DETAILS, TERMS AND CONDITIONS PLEASE CONTACT:
FRANK HESSON, PGA DIRECTOR OF GOLF 856-983-0222 EXT. 215 OR WWW.INDIANSPRINGGOLF.COM

#### **Ballroom Dancing**

Learn to dance! Ballroom, Swing, Salsa, and nite-club too. You will have a great time while you learn! 8 Weeks

Tuesdays, April 9 - May 28 Ages: 18 & Up, 7:30pm

Location: Candlelight Ballroom Ellisburg Shopping Center, Cherry Hill

Instructor: Staff of Candlelight Dance Club Fee: \$80 Course# CDS-1





#### **Boxing**

This program is designed to teach you the fundamentals of boxing while developing the conditioning and endurance to actually compete (if desired).

16 Weeks

Tuesdays & Thursdays, April 9 - July 25

Ages: 13 & Up, 8pm - 9pm

Location: Impact Boxing Academy (101 Rt. 70 E. Tri Town Plaza)

Instructor: Staff of Impact Boxing Academy

Fee: \$250 Course# IBS-2



#### **Calligraphy**

Learn the basics of the beautiful and versatile Italic style of hand lettering. There will be broad demonstrations along with individual instruction. We will learn to address an envelope properly and discuss many ideas for practical applications. It will give you self gratification in creating a hand lettered greeting card, bookmarkers, or poems that friends will cherish when they receive them.

6 Weeks

Mondays, April 8 - May 13 10am-12pm Course# VVS-1 OR Mondays "6:30pm-8:30pm Course# VVS-2

Ages: 16 & Up, 10am - 12pm

Location: Gibson House Meeting Room 2

Instructor: V. Vasilion

Fee: \$65 - plus \$22 material fee





#### Cardio, Core & More

Come join in on this challengeing cardio workout incorporting your own body weight for resistance training. All levels welcome but be ready to sweat! All you need is a towel, water bottle, and a mat.

Course# NBS-1

Course# NBS-2

12 Weeks

Mondays, April 8 - June 24, 6pm - 7pm

Thursdays, April 11- June 27, 9:30am - 10:30am

**Ages**: 18 & Up

Location: Memorial Sports Complex Exercise Room

Instructor: N. Brigandi

\$120 For One Class \$200 For Both







"HELPING BUSINESSES GET MORE BUSINESS"

P.O. Box 453 Marlton, NJ 08053 (856) 810-1811

MARLTON BUSINESS ASSOCIATION EXPO

**APRIL 18, 2013** 

Memorial Sports Complex-Blue Barn

For information: www.marltonbusiness.com or call 856-810-1811

#### Crocheting

Learn to crochet, starting with simple stitches, and working up to a project. Understand the differences in threads, yarns and needles.

8 weeks

Mondays April 8 - June 3 1pm - 2:30pm

Ages: 18 & Up

Location: Gibson House Lower Level

**Instructor:** C. Smith

Fee: \$30 Course# CSS-1





#### De-cluttering: The Clutter-free Countdown

#### **Creative Home Organizing: Paper & Closets**

Does the mountain of paper and clutter keep growing? Do you feel like you are losing control? It's time to get organized! This highly effective workshop will teach you to eliminate clutter, and create habits to organize all the important areas of your home and life, starting with paper clutter and closets.

4 Weeks

Wednesdays, April 10 - May 1 Ages: 18 & Up, 6pm - 7pm Location: Gibson House Main Hall

Instuctor: Staff of Creative Home Organizing

Fee: \$50 Course# CHS-1



#### Creative Home Organizing: Kitchen, Creative Spaces & Clutter "Hot Spots"

4 Weeks

Wednesdays, April 10 - May 1 Ages: 18 & Up, 6pm - 7pm Location: Gibson House Main Hall

Instructor: Staff of Creative Home Organizing

Fee:\$50 Course# CHS-2

#### Creative Home Organizing With Your Kids

It's hard enough to keep yourself organized, but throw in a couple of kids and things really get out of control. This class will address the specific needs of organizing with children ages 6-10.

4 Weeks

Wednesdays, April 10 - May 1 Ages: 18 & Up, 5pm - 5:45pm Location: Gibson House Main Hall

Instructor: Staff of Creative Home Organizing

Fee: \$50 Course# CHS-3



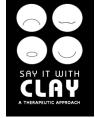
#### De-stress: The Road to Relaxation

Fight Stress! Stress Reduction Clay Workshop Series helps people with diverse needs benefit from the therapeutic power of clay. Revealed through a level of relaxation, this process creates pride, success, and motivation for relaxation. Clay is an effective tool for all ages. No experience is necessary to explore the possibilities. You will try different techniques ranging from coils, slab building, to mold draping. Learn how to mesh, knit, color, and connect the clay to form many different pieces of art. You can make your own snack plates, mugs, ice cream bowls, and sculptures. Who knows maybe you can try your skill at the wheel. The clay specialist will assist and guide the individual to the project being completed. To register, call (856) 858-5994 or visit www.sayitwithclay.org

Monday, Wednesday, or Thursday

Ages: 18 & Up, 7pm - 9pm

4 weeks: \$140 8 weeks: \$280



#### **Golf Clinics**

Frank Hesson, PGA Director of Instruction at Indian Spring Country Club, will address the basics of playing golf. Participants will work on Set-Up (grip, arm swing, finish); Full Swing (balance, body rotation, arm swing, finish); and Short Game (putting, chipping, sand shots). Clubs will be provided for beginners.

6 Weeks

Mondays, April 8 - May 6 Ages: 17 & up, 7:00pm-7:45pm Location: Indian Spring Country Club

Instructor: F. Hesson

Fee: \$160 Course# FHS-2



#### **Heart Adventure Fitness**

SCOTT LANCE IS BACK to lead this program. As featured on ABC, NBC and FOX, it's time to run, jump, push, pull, grovel, and laugh; it's time to reconnect with nature and make new friends; it's time to reestablish your indomitable spirit and energize your soul; it's time to get back to moving forward! It's time to take HEART! Best value in fitness programming available.

12 Weeks

Mondays, Wednesdays & Fridays, April 8 - July 5

Ages: 18 & up, 6:00am - 7:00am Location: Memorial Sports Complex

Instructor: Scott Lance

Fee: \$225 Course# SLS-1



#### Intro to iPhone, iPad & iPod

Come and learn the in's and out's of all of your Apple devices; from syncing to apps!

Three Meetings:

Mondays, April 8, 15, 22 6pm - 7pm

Ages: Áges 18 & Úp

Location: Gibson House Meeting Rm #2

Instructor: M. V.

Fee: \$50 Course# MVS-1



#### Martial Arts

The advantages of learning Cuong Nhu Martial Arts are many and varied. Physical skills are acquired through training and execution of techniques. Mental development is apparent by improved attention span, concentration, self-confidence, and discipline. Train to avoid confrontation, while using all muscle groups to tone your entire body.

Two Nights a Week: April 8 - June 28 Mondays, 7pm - 9pm AND Fridays, 7pm - 9pm

Ages: 8 to 80 years

Instructor: Sensei A. Breaux

Location: Memorial Sports Complex Exercise Room

Fee: \$75 or \$180 for family of 3 or more Course# SBS-1



#### Peace in the Pack

Learn how to create a stronger "pack" and a more positive connection with your dog while creating a healthy, well balanced life for both of you. Learn to communicate effectively to change your dog's behavior and to avoid future problems altogether. The result will lead to your dog's progress and success, a stronger bonding experience and ultimately to peace and harmony in your home. No dogs please.

6 Weeks

Tuesdays, April 9 - May 14 8pm - 10pm

Ages: 18 & Up

Location: Gibson House Main Hall

Instructor: N. Talleno

Fee: \$90 Course# PPS-1



#### Pilates: Viva Mat Pilates

Slim your waist, stomach and hips; strengthen and tone your muscles; relieve back, wrist and shoulder pain while melting away stress. Non-jarring exercises are tailored to fit each student's body and posture. Perfect for men or women, ages 18 and up, and at all fitness levels. Wear comfortable attire and bring your exercise mat, large towel and pilates band.

10 Weeks

Thursdays, April 18 - June 20 Ages: 18 & Up, 7:30pm

**Location:** Gibson House Main Hall **Instructor:** Staff of Viva Pilates

Fee: \$90 Course# VPS-1



#### Piloxing: Ultimate Body Toner

Piloxing uniquely mixes pilates and boxing into a fat torching and muscle sculpting workout guaranteed to whip you into shape! Class features non-contact, explosive boxing drills using one pound piloxing gloves plus pilates core building exercises. Bring water and a towel.

10 Weeks

Thursdays, April 18 - June 20 Ages: 18 & Up, 6:30-7:30pm Location: Gibson House Main Hall Instructor: Staff-Viva Pilates

Fee: \$90 Course# VPS-2



#### Plant A Patch

An opportunity for every resident to garden! We will again offer 25'x25' plots behind the Recreation Center at Memorial Sports Complex for you to farm. You can grow flowers, vegetables or any other legal substance. Weather permitting, each plot will be tilled prior to April 17 and will be yours until October 19. Use the registration form to sign up and receive information on your plot number. AND WATCH YOUR GARDEN GROW!!!

April-Oct

. Ages: 18 & Up

Location: behind Rec Center

Fee: \$25 Course# ET-1



#### Quilting

Let's do a quick quilt using either our scrappy stash or current things like Layer Cakes, Jelly Rolls, or Charm Squares. This allows you to use fabrics and colors you might never have thought to try. Class good for beginners, intermediates and experienced.

6 Weeks

Wednesdays, April 10 - May 15 Ages: 18 & Up, 1:30 - 3:30pm Location: Gibson House Main Hall

Instructor: P. Hacker

Fee: \$35 Course# PHS-1



#### Tai Chi

Learn the simple Tai Chi forms of breathing together with gentle movements to loosen joints and detox the body. A fee of \$10 for the fan will be collected before class. Wear comfortable clothing. Please register early as class will be cancelled if under 6 people.

6 Weeks

Tuesdays, April 9 - May 14 Ages: 18 & Up, 10:30am - 11:30am

Location: Gibson House Instructor: K. Schlachter Fee: \$77 Course# KSS-1



#### **Tennis**

For beginner and intermediate players who would like to improve their tennis skills and get a total body workout. This program includes warm up, cardio work out and cool down. So join us and get involved in fun group activities and meet new players.

8 Weeks

Wednesdays, April 10 - May 29 Ages: 18 & Up, 8:00 - 9:00pm Location: Memorial Sports Complex

Instructor: BCTA Staff
Fee: \$75 Course# BCS-2





#### **Turbo Kick**

A low impact combination of kickboxing moves, as well as, basic dance moves all perfectly choreographed to high energy and motivating music. It is the ultimate cardiovascular challenge that is a unique blend of intense intervals of strength/endurance training and a relaxing cool down. This is the ultimate workout that will melt fat and reshape your body! Turbo Kick requires no previous kickboxing experience or equipment.

10 Weeks

Saturdays, April 13 - June 15 Ages: 18 & Up, 9am-10am

Location: Memorial Sports Complex Exercise Room

Instructor: W. Cohen

Fee: \$90 Course# WCS-1



#### Watercolor for Beginners

Come and join to express your creative side. Basic watercolor will cover equipment needed, and many of the varied techniques involved in this enjoyable medium. You will learn to see the world as an artist!

8 Weeks

Tuesdays, April 9 - May 28, 7pm-9pm Course# VWS-1 OR Fridays April 12-May 31 10am-12pm Course# VWS-2

Ages: 18 & Up,

Location: Center for the Arts (123 Elmwood Rd)

Instructor: V. Wright

Fee: \$30



#### Yoga

Reducing stress, focusing attention, as well as improving posture, balance and strength are only some of the benefits of yoga. In this 75 minute class we will join our physical poses together with different breathing techniques. We will explore different pose sequences stretching different body parts while increasing our challenge each week as we see ourselves become more aware of our strength and focus. All levels are welcome. Please wear comfortable clothing and bring a yoga mat.

10 weeks

Tuesdays, April 9 - May 28 Ages: 18 & up, 8pm-9:15pm Location: Gibson House Main Hall Instructor: J. Cicha

Fee: \$90 Course# JCS-2



#### Zumba- Fit & Fabulous

A 75 minute class that includes a combination of basic Zumba, Zumba toning, core/abdominal strength, and stretching. This class can be enjoyed by beginners to experienced Zumba participants. No dance experience is required to enjoy the music and movements. Participants need 1-2.5 lb. weights, or toning sticks. Please also bring mat, towel, and water. Athletic sneakers- NO toning sneakers.

10 Weeks Tuesdays, April 9 - June 11 Ages: 16 & Up, 6:00pm Location: Gibson House Instructor: W. Cohen

Fee: \$90 Course# WCS-2



#### \*HEALTH AND FITNESS CONSULTING\*

A 12 WEEK FITNESS CONSULTING PROGRAM FROM APRIL - JUNE WHICH WILL CONSIST OF: 1
ASSESSMENT (COMBINED WITH 1<sup>ST</sup> PERSONAL TRAINING SESSION), 3 GROUP CLASSES, 3 ONE ON
ONE PERSONAL TRAINING SESSIONS (TO INCLUDE TAKE HOME WORKOUT ROUTINES) AND 1 TIME
PER WEEK PHONE FOLLOW UP WITH NUTRITIONAL TIPS AND GUIDANCE

FOR INFORMATION CONTACT 856-985-9792

EXPERTISE IN WEIGHT LOSS, CONDITIONING AND THE AFFECTS OF AGING.

COST IS \$300

FIRST CONSULT: MONDAY APRIL 8 9AM OR WEDNESDAY APRIL 11 8PM



# MATURE ADULTS 55+

#### **Arthritis Class**

Come and enjoy socializing in the warm water pool at the beautiful William H. Rohr Fitness Center. You will learn relaxing water movements to relieve aches and pains while helping maintain fitness.

6 Weeks

Tuesdays, April 9 - May 14 Course# RFS-1 Fridays, April 12 - May 17 Course# RFS-2 1:15pm

Location: William H. Rohr Center (2309 Evesham Rd, Voorhees)

**Instructor:** Rohr Fitness Staff

Fees: \$38= One Day \$76= Both Days



#### **Book Club**

"Don't judge a book by its cover." This will appeal to those who love to read, meet and discuss books.

Three Meetings: First Meeting - Weds. April 10

11:00am

**Location:** Gibson House Conference Room **Book Title:** City of Women by David Gillham

Instructor: S. Fingerman

Fee: \$25 Course# SFS-1



#### Bridge

Play and learn the game of bridge! Relax and play in a friendly atmosphere. Our instructors will guide you by answering questions, reviewing hands, and even providing lessons.

8 Weeks

Mondays, April 8 - June 3 1:00pm - 3:00pm Location: Gibson House Instructor: B. Eisenberg

Fee: \$35 Course# BES-1



#### **Calligraphy**

Learn the basics of the beautiful and versatile Italic style of hand lettering. There will be broad demonstrations along with individual instruction. We will learn to address an envelope properly and discuss many ideas for practical applications. It will give you self gratification in creating a hand lettered greeting card, bookmarkers, or poems that friends will cherish when they receive them.

6 Weeks

Mondays, April 8 - May 13 10:00am-12pm -Course VVS-1 OR
" 6:30pm-8:30pm-Course VVS-2

Ages: 16 & Up, 10:00am12pm 11:00am

Location: Gibson House Meeting Room 2

Instructor: V. Vasilion

Fee: \$65 - plus \$22 material fee



#### Crocheting

Learn to crochet, starting with simple stitches, and working up to a project. Understand the differences in threads, yarns, and needles.

8 weeks

Mondays, April 8 - June 3

1pm - 2:30pm

Location: Gibson House Lower Level

Instructor: C. Smith

Fee: \$30 Course# CSS-2



# MATURE ADULTS 55+

#### **Easy Stretch**

The secret to keeping mobile is keep moving. Stretching helps muscles and joints stay flexible, and improve range of motion. They are gentle but engage the whole body. Wear comfortable clothing. Exercise is the key to overall health and wellness for seniors and older adults. Stretching maintains balance, strength, flexibility and endurance.

8 Weeks

Wednesdays, April 10 - May 29

9:30am - 10:30am Location: Gibson House Instructor: F. Wolff

Fee: \$45 Course# FWS-1



#### Intro to Computers

Learn the basics on how to use a computer, from email to internet! To register for **FREE** computer classes, contact Evesham Library at (856) 985-1444.

#### Keyboard: Learn to Play

ANYONE CAN LEARN TO PLAY THE PIANO!!! Studies prove that playing the piano uses both sides of the brain and uses more brain cells than just about any other activity! And it's fun!!! This is a beginners course for learning to play the piano or keyboard. Each student will have a 20 min. session and lesson times will be determined by the instructor.

8 Weeks

Wednesdays, April 10 - May 29

Morning lesson times will be determined after registration

**Location:** Gibson House **Instructor:** M. Sparks

Fee: \$35 Course# MSS-1



#### Quilting

Let's do a quick quilt using either our scrappy stash or current things like Layer Cakes, Jelly Rolls, or Charm Squares. This allows you to use fabrics and colors you might never have thought to try. Class good for beginners, intermediates and experienced. Create a treasure that will stay in your family for years.

6 Weeks

Wednesdays, April 10 - May 15

1:30 - 3:30pm

Location: Gibson House Main Hall

Instructor: P. Hacker

Fe: \$35 Course# PHS-2

#### **Stained Glass**

This craft can enrich personal, family, or public space. The steps include pattern preparation, scoring the glass, grinding, foiling, soldering, and finishing. Participants will create sun catchers, panels, lampshades, picture frames, and boxes.

8 Weeks

Wednesdays, April 10 - May 29

9:30am - 11:30am

Location: Gibson House Lower Level

Instructor: S. Severe

Fee: \$50 Course# SSS-1



# MATURE ADULTS

#### Tai Chi

Learn the simple Tai Chi forms of breathing together with gentle movements to loosen joints and detox the body. A fee of \$10 for the fan will be collected before class. Wear comfortable clothing. Class must have minimum of 6 participants. Please register early.

6 Weeks

Tuesdays, April 9 - May 14 10:30am - 11:30am

**Location:** Gibson House Main Hall **Instructor:** K. Schlachter

Fee: \$77 Course# KSS-2



#### **Watercolors for Beginners**

Come and join to express your creative side. Basic watercolor will cover equipment needed, and many of the varied techniques involved in this enjoyable medium. You will learn to see the world as an artist!

8 Weeks

Fridays, April 12 - May 31 10am-12pm Course VWS-1 OR Tuesdays, April 9- May 28 7pm-9pm Course# VWS-2

Location: Center for the Arts Instructor: V. Wright

Fee: \$30





#### Yoga: Gentle Senior Mat

This program consists of specially adapted Yoga poses for older citizens, and is done on a mat on the floor. There is no wrong way to exercise and no competition. Please bring your own mat, towel, water, and 2-3 pound hand weights.

10 Weeks

Tuesdays, April 9 - June 11

9:15am - 10:15am

Location: Gibson House Main Hall

Instructor: M. Mandel

Fee: \$60 Course# MMS-1



#### Your Doctor's Visit & Your Medicines

Learn the questions to ask your doctor. Become informed where your body organs are and how they function together. Learn to read your lab results and understand the diagnostic procedures your doctor has ordered for you. Also learn essential information about your medications: What should your doctor know about you before prescribing a medication? What questions should you ask about the medication? What happens if you miss a dose? Should you avoid certain things while taking the medication? What are possible side effects? How will other medications and supplements affect this medication? When is it best to buy generic?

8 Weeks

Thursdays, April 11 - May 30

11:00am

Instructor: M. Parrish

Location: Gibson House Conference Room Fee: \$15 Course# MPS-1



# Senior Transportation "Rider-to-Driver" Direct

Evesham Township is pleased to continue to provide FREE transport, within Evesham, to its residents 55+ and disabled (not to be confused with medical transport.) Our transport operates Monday through Friday 8:30 am to 3:30 pm. For information and to schedule transportation, please contact (856) 988-9866 between 8am and 10am Monday through Friday.



# SENIOR-ITY LOUNGE

Gibson House Community Center is pleased to house the SENIOR-ITY LOUNGE. The lounge operates Monday through Friday 8am-4pm. All seniors, 55 and older, are welcome to participate. Come join us for fun, leisure and learning. For information contact Monica Vandenberg at 856-985-9792 or vandenbergm@evesham-nj.gov







## MARLTON SENIOR CITIZEN CLUB MEETINGS

Get involved!!! Join the Marlton Senior Club and make new friends! Enjoy covered dish lunches, casino trips, bingo, bocce ball, pool and so much more. You owe it to yourself to get involved. Club meets on the 1<sup>st</sup> and 3rd Thursday of each constant the Gibson House Community Center. All Welcomell. For information contact

month, 12 noon, at the Gibson House Community Center. All Welcome!!! For information contact Jane Roth at (856)983-0523

Casino Trips







**Covered Dish Lunches** 





**Bocce Courts** 



#### THE CENTER FOR THE ARTS IN SOUTHERN NEW JERSEY

#### 123 South Elmwood Road, Marlton, NJ 08053 856-985-1009 ~ 856-985-7555 (F)

Email: cfasnj@yahoo.com Website: www.cfasnj.com



ART CLASSES - 2013

#### MONDAY-10:30 am to 12:30 pm MULTI-MEDIA

Cultivate your artistic talents while you are taught how to create depth and dimension when applying pencil drawings to paper. Enjoy what magic you will compose with simple applications. Learn the essentials needed to enable your artistic creations to grow. A relaxed and pleasant atmosphere geared to your self-improvement. For beginners to advanced levels.

Fee: \$ 60 for 4 weeks Instructor: Janice Mason Phone: 856-983-8482

#### MONDAY-1:00 pm to 3:00 pm PASTELS & WATERCOLOR

This course is an introduction to using specified medium and the various papers needed to create beautiful and imaginative drawings. Students will work one-on-one with the instructor, and draw and paint from still life setups as well as from photo references. Students should bring their specified medium and preferred paper to work on during class times. Class level is from the beginner to those already using the specified medium. A 16" x 20" piece of foam core board will also be needed as backing for paper.

Fee: \$ 60 for 4 weeks Instructor: Janet Roscoe Phone: 856-234-8165

#### MONDAY-10:00 am to 12:00 pm MULTI-MEDIA

Beginners to all levels. Students choose medium and reference from personal photographs to still life set-ups. One-to-one student/teacher situation provides individual attention for rate of progress.

Fee: \$ 60 for 4 weeks Instructor: Janet Roscoe Phone: 856-234-8165

#### WEDNESDAY-1:00 pm to 3:00 pm CHINESE WATER PAINTING

This popular class teaches the techniques used by the contemporary masters of traditional Chinese painting. Use watercolor and ink as you work to master the brush strokes used for centuries to paint flowers, landscapes, animals and other Chinese motifs. Learn the meaning of the Chinese characters as you incorporate them into your painting. The instructor will discuss materials at the first session.

Fee: \$ 90 for 6 weeks Instructor: Zhe-Zhou Jiang Phone: 215-288-2168

#### WEDNESDAY-10:00 am to 12:00 pm OIL & ACRYLIC PAINTING

Explore your creative side by painting in oils or acrylics using your own reference photograph. Learn about brushes, paints, composition, values and other painting techniques. One to one instruction is provided in this informal class. Each student will bring his own canvas, paper, paints, brushes, medium (turpenoid, no turpentine or mineral spirits) and other needed materials.

Fee: \$ 60 for 4 weeks Instructor: Sandra Chase Phone: 609-654-6202

#### WEDNESDAY-7:00 pm to 9:00 pm MULTI-MEDIA

This class is designed for all artists - beginner, intermediate and advanced. The student may work in pencil (graphite and charcoal), colored pencil, pastel, oil and watercolor. One-on-one instruction means that the student may work at his own pace and select his own projects. Class is structured so that the student may continue from one month to another. Students supply their own materials. Enjoy the process of painting in a relaxed atmosphere.

Fee: \$ 60 for 4 weeks Instructor: Janice Mason Phone: 856-983-8482

#### THURSDAY-10:00 am to 12:00 pm OIL PAINTING

Class instruction in oil techniques is chosen by the student. One-to-one instruction offers each person the chance to develop their painting to their own desired level and style. Student chooses paints, mediums and

references. Students provide their own supplies. Odorless turpentine is the only solvent permitted.

Fee: \$ 60 for 4 weeks Instructor: Janet Roscoe Phone: 856-234-8165

#### THURSDAY-1:00 pm to 3:00 pm MULTI-MEDIA

This class is designed for all skill levels using all of the fine art mediums. Students select their own subject matter and may continue projects from one month to another. Learn to paint in a relaxed atmosphere while enjoying the process.

Fee: \$ 60 for 4 weeks Instructor: Janice Mason Phone: 856-983-8482

#### THURSDAY—1:00 pm to 3:00 pm WATERCOLOR

This class is taught on a one-to-one basis. Each person has their own reference, and can have type of wa-tercolor explained as their work continues. Type of brushes and paper will be supplied by student as well as

necessary medium.

Fee: \$ 60 for 4 weeks Instructor: Janet Roscoe Phone: 856-234-8165

#### SATURDAY-10:30 am to 1:00 pm FASHION DESIGN

Terina Nicole McKinney-Author of ENVISION: The Young Accessory Designer' Guide to Collection Development and designer of leather accessories will be teaching this class. You will learn design skills including the design, construction and patternmaking of belts, footwear, handbags, and home accessories. To register contact Meca (Terina) by emailing her at: jypsealeathergoods@gmail.com

Fee: \$ 90 for 6 weeks Instructors: Meca McKenney Phone: (Use email)

# For further information about CHILDREN & TEEN art classes, contact Center for the Arts at cfasnj@yahoo.com or visit www.cfasnj.com

Sessions: Most classes are ongoing. Please contact teacher for more information.

Snow Closing Info: If Evesham Twp. Public Schools are closed due to inclement weather, the Center will be closed also.





## VETERANS BRICK WALKWAY

Evesham Township has imparted leadership, character and service as a legacy to its community. That legacy is a shared vision among Evesham township supporters and partners. As a Veterans Commemorative Walkway Partner, you can join Evesham in continuing to build that legacy brick by brick. The Veterans Walkway is located at the main entrance of the Evesham Municipal Building at 984 Tuckerton Road. The walkway is not only a beautiful addition to the grounds of the municipal complex, but is a unique way for people to honor a military veteran that has touched their lives.



For information or to order a brick, please visit our website, <u>www.evesham-nj.gov</u> and follow the links for Forms-Manager's Office or contact Monica Vandenberg @ 856-985-9792.



# Host your next event at the.... GIBSON HOUSE COMMUNITY CENTER

535 E. Main Street

Rentals available weekdays and weekends. For information contact Department of Recreation and Senior Services 856-985-9792



\*\*\*SAVE THE DATE\*\*\*

TASTE OF EVESHAM

**SUNDAY MAY 19, 2013** 

1pm-4pm

MAIN STREET IN MARLTON

For further information, visit: www.TasteofEvesham.org





# **SPRING 2013 REGISTRATION FORM**

#### PLEASE PRINT

	PROGRAM	COURSE #	
	PARTICIPANTS NAME	M/F	7
	ADDRESS		-
	CITYSTAT	EZIP	
	EMAIL ADDRESS		
	HOME PHONECELL		-
	DATE OF BIRTHAGE	GRADE ENTERING	
	PARENT'S OR PARTICIPANTS NAME		
	PARENT'S OR PARTICIPANTS SIGNATURE		
	FEECASHCHECH	ζ#	
	CREDIT CARD (CIRCLE ONE) VISA or MASTER CARD or DISCOVER		
	CREDIT CARD #	EXP	

PLEASE MAKE CHECKS PAYABLE TO: **TOWNSHIP OF EVESHAM- MAIL TO**: 984 TUCKERTON ROAD, MARLTON, NJ 08053 **or IN PERSON**: GIBSON HOUSE 535 E. MAIN ST. (8am-4pm) **ONLINE**: www.eveshamnj.gov and click link to on-line registration